

Outer Banks Running Club - 2009 Minutes

OUTER BANKS RUNNING CLUB MEETING MINUTES

DECEMBER 9th, 2009

6:00 pm RAMADA

1. Record of meeting participants:

Jim Snyder
Yvette Kirkpatrick
Karen Warlitner
Ron Farley
Ari Vucinovic
Tom Spisak
Tim Radigan
Suzanne Deiss

2. Minutes from November 3rd, 2009 meeting were read and approved.

3. Discussed putting OBRC Financial Procedures on website under the heading Administration.

4. Discussed getting in touch with the race directors so that we are able to post 2010 Race Events on the website.

5. Jody Long a KDH fireman would like to be a race director for an upcoming 2010 event. This would probably be held in October to go along with Fire Safety Month. This event will be sanctioned by the OBRC. Jody will be helping out at the Jingle Bell 5k.

6. Discussed Wild Goose Chase 2010. We believe this will be good exposure for the club and a great community event. Talked about having some of their volunteers come and help us out at the Sweetheart 8k in February and shadow our race director to help them learn the ropes. In return we would also try and help them out as much as we can. Karen made a motion and was second by the club to help them organize this event.

7. Nags Head Woods 5k would like to work closely with the OBRC. N. Banks Rotary has it now and is looking for suggestions, advice, etc. Motion was made and second by the club to also help out with this event.

8. Terry Donahue a teacher from Columbia has some students who will be helping out with the Jingle Bell 5k event this weekend (Dec. 12, 09)!

9. Discussed Club Events and Club Sanctioned Events- Club Event is an event to promote running (Gobbler 5k and Jingle Bell 5k) Club Sanctioned event is an event that is being run for other people. Must have 4 club members, includes insurance, and \$300.00 fee. Motion was made and second by club to modify the bylaws.

10. Discussed trying to plan at least 2 clinics for the club members!

11. Discussed Dare County After School Healthy Kids Program. This will start mid-January and run for 8 weeks. The goal is to run a mile...Have a 1 mile run at the beginning of the St. Patricks Day Parade, and ending at the Grand Stand! Hoping to find volunteers, 1 volunteer per 25 kids, from 3:00 to 4:00 on Tuesdays and Thursdays. Plans for a 10 week program - Goal 5k!! At a later date.

12. Discussed Sweetheart 8k - Race has been approved - date February 13, 2010. Decision was made for a 75-100 cap. Race director Yvette Kirkpatrick.

13. Discussed extending our membership drive through the end of January. This would be on a first come first serve bases. \$35.00 membership with shirt while supply lasts.

14. Discussed opening registration for all races for the year. This would help the club to have some revenue coming in all year.

15. Discussed putting Community Donations on website.

16. Discussed the Grant- still looking into timing equipment to help us with the timing of our races.
17. Leprechaun 8k will be March 13, 2010 this year. Race Director Karen Warlitner.
18. Discussed Outer Banks Sports Club offer – Stu Golliday has offered club members a corporate rate of \$39.00 a month with no joining fee- we need this in writing then we will look over and approve.
19. Looking into Stu possibly putting together some clinics for the club! Nutrition, etc. Karen will follow up on this.
20. Discussed OBSE- Outer Banks Sporting Events. This is a non-profit organization whose mission is to bring sporting events to the Outer Banks. This is not restricted to just running, swimming, or biking. There will be sailing, kayaking, etc. The sky is the limit!
21. TREASURER REPORT- Membership 159 members pending Jingle Bell Registration.

Revenue:

- OBX Marathon Expo-Sales and Memberships \$534.00
 - Extended membership deals \$70.00
 - Outer Banks Gobbler 5k \$6016.00
 - Credit for defective Gobbler Shirt \$9.04
 - Healthy Kids Initiative Kick-off (sales of pirate hats, Pamlico Jack's –Mike Kelly) \$155.00
- Total Deposits: \$7,357.25

Expenses:

- Blank club shirts- \$1,644.91
 - Printing - \$474.91
 - Stickers- \$ 367.38
 - Gobbler Shirts- \$2,638.80
 - Gobbler Food- \$148.76
- Total Expenses- \$5,265.76

We have 2 outstanding bills-TNT Gobbler 3 portajohns and Kelly's Sweet potato biscuits
At this time we have a balance of \$4,234.44

22. Nominations were made and accepted for the upcoming 2010 Officers.

President: Yevette Kirkpatrick
Vice President: Karen Warlitner
Treasurer: Ron Farley
Secretary: Suzanne Deiss
OBRC Training Coach: Ari Vucinovic
Immediate Past President: Jim Snyder

23.Meeting Adjourned.
Next Meeting January 2010 Exact Date to be announced later.

**OUTER BANKS RUNNING CLUB MEETING
NOVEMBER 3rd, 2009**

**6:00 pm RAMADA
OBRC MINUTES**

1. Record of meeting participants:

Jim Snyder
Yvette Kirkpatrick
Karen Warlitner
Suzanne Deiss
Ron Farley
Helen Brauch
Tim Radigan

2. Minutes from October 14th, meeting were read and approved.

3. Treasurer Report: Karen Warlitner

We have 159 members!

1 expenditure for \$367.38 to Island Xperteers for stickers

Revenue received \$300.00 from FOE for Jingle Bell 5k

All checks are cleared and at this time everything is paid and up to date.

As of this time we have a balance of \$2,073.53

Karen, went over and explained the details of the **OBRC FINANCIAL PROCEDURES-**

Everything looked great with just a few minor changes to be made.

Yvette made a motion and was second by Tim to submitting OBRC FINANCIAL PROCEDURES with noted few changes.

We plan to put Financial Procedures on website-

Karen, also went over the **OBRC ANNUAL CORPORATE SPONSORSHIP PROGRAM-**

We believe this will help race directors so that they do not have to go out and solicit sponsors (unless they want to) this would help everyone to have year round exposure!

Discussed adding 1 more sponsor to this...possibly HEALTHY KIDS SPONSOR.

4. Discussed having some Kids Only Races...

5. Discussed forming an Apprenticeship type program for New Race Directors –

6. Ron Farley went over details for the upcoming Expo- November 6th and 7th, still needing volunteers for Saturday afternoon till closing and help taking down.

Club will be selling short and long sleeve Brooks Technical Running shirts, I RUN OUTERBANKS stickers, and water.

Also, at the Expo we will be having 3 free drawings, one on Friday and two on Saturday. We will be giving away a OBRC membership and Running Club Shirt and the Grand Prize will be a free year of entry fees to OBRC races/ membership/ shirt/ and sticker!

Also, planning on having OBRC survey at the Expo.

7. We will be promoting upcoming GOBBLER 5k at the Expo! Volunteers are needed for Gobbler.

8. Yvette Kirkpatrick- **SWEETHEART 8K** will be February 13th 2010. The club is unable to

have 8k at past location so Yvette is looking into a new route in Manteo for 2010.

9. Next meeting we will discuss posting of Race Events for 2010 on website.

10. Meeting Adjourned.

11. Final OBRC meeting for 2009 will be WEDNESDAY, DECEMBER 9th 6:00 pm at the Ramada.

OUTERBANKS RUNNING CLUB MEETING

OCTOBER 14TH, 2009

6:00pm RAMADA

OBRC MINUTES

1. Record of meeting participants:

Jim Snyder
Yvette Kirkpatrick
Karen Warlitner
Suzanne Deiss
Ron Farley
Helen Brauch
Tim Radigan

2. Minutes from September 9th, meeting were read and approved.

3. Karen gave Treasurer Report...

We have 159 members!

September Revenue \$200.00 from Kitty Hawk Heritage Day 5k Race Fee.

At this time we have a balance of \$2,738.88

4. Spooktacular 2009 was approved but we have decided to put it on the calendar for 2010 which will be in Manteo.

5. Karen and Ron brought in samples of 3 stickers for us to look at and vote on...

(I Run outer banks) is the one we chose!

Jim made a suggestion that we put outerbanksrunningclub.org on the bottom to help promote the club. We plan to sell the stickers for \$1.00 at the OBX Expo.

6. Discussed selling OBRC shirts at the OBX Expo- short sleeve for \$20.00 and long sleeve for \$25.00.

We have a \$2000.00 budget for club shirts from Brooks. Thanks to A and J Racing (Shamrock people) for helping the club get the shirts at a reasonable price!

7. Talked about putting something at the bottom of our registration forms so that people could check it off if they wanted to donate to help out different causes.

8. Discussed the Privacy and Protection of our members email addresses. This is one of the reasons we use Constant Contact. We have decided to keep members email addresses to ourselves.

9. OBRC Grant Timeline Extension has been approved. We had to amend for the equipment and procurement to begin mid-January with full implementation (including training) to be in effect for the April Earth Day 10k, if additional measures are needed for this change, the club will comply as instructed.

10. We finalized and turned in OBX Marathon Sponsor Form.

11. We reviewed and critiqued Sponsorship Proposals/levels/Program and will try to get this together as soon as possible.

Talked about announcing our 2010 Sponsorship Packages on the website.

12. Our First Gobbler 5k will be this Thanksgiving 2009! 250 entrant limit. Karen Warlitner is the Race Director.

13. Discussed online membership and possibly launching this January 2010.

14. Discussed OBX 8k. Steve Siegrist and Sydney Fleming are co race directors. They have mapped out course and have arranged for volunteers to help.

15. Discussed making sure minutes are posted.

16. Discussed putting out club race requirements for race directors. A procedure that could be followed to make things easier for everyone.

Yvette, Karen, and Ron plan to get together and have a subcommittee meeting on this. A race director package that would outline how everything is paid, check request, due date, when received, invoices, etc.

Tim Radigan made a motion and was 2nd by the club that we would put procedure in writing.

17. Discussed putting out agenda before meeting.

18. Meeting Adjourned!

19. *Next Meeting Tuesday November 3rd, 6:00pm at the Ramada!*

Following meeting Wednesday December 9th, at the Ramada!

OUTER BANKS RUNNING CLUB

OBRC MEETING MINUTES

SEPTEMBER 9th, 2009

6:00pm RAMADA

1. Record of Meeting Participants:

Jim Snyder

Yvette Kirkpatrick

Karen Warlitner

Suzanne Deiss

Ari Vucinovic

Ron Farley

Sydney Fleming

Tom Spisak

2. Minutes from July 22nd, 2009 meeting were read and approved.

3. Karen Warlitner gave Treasurer Report.

We have 157 members! (1 new member in August)

Corporate Sponsorship \$100.00 from Tim Cafferty OBX BLUE REALITY)

August Revenue \$800.00 – Kitty Hawk Heritage Day/Sponsorship

At this time we have a balance of \$3,514.21

4. This evening Sydney Fleming presented a check to CERF for the amount of \$1,189.00

5. Discussed Spooktacular 5k- Race Director: Sydney Fleming-Details and location are being worked out.

6. Discussed Earth Day 10k – Race Director: Sydney Fleming – also working out the details.

7. Discussed Turkey Trot (LEFTOVER 5K) Race Director: Karen Warlitner- Also working out the details, with plans to promote this run as soon as Ducks Turkey Trot is filled and will promote at this years OBX Expo.

8. Talked about Turkey Trot (Leftover 5K) and Jingle Bell 5K race proceeds to stay in club.

9. Still working on setting up sponsorship packages, organizing a sponsor sheet and putting this information on our website and out to our members.

10. Jim, Karen, and Ron got together and went over Running Club Budget and Wishlist for 2010.

11. Yvette Kirkpatrick brought in samples of OBRC Brochure! Everyone was in agreement as to how GREAT it looks!! Ordering 5000 now and can modify brochure later on as we see needed.

12. Discussed OBX Expo...

Looking into stickers (I RUN OBX)

Brochures to pass out

Membership forms

Running Club T-Shirts

Possibly a swag basket

Possibly a drawing

We will need volunteers to help decorate and to help man the booth. Expo hours – Friday November 6th from 1-6 and Saturday November 7th from 9-6.

13. Decided to change Novembers Meeting from November 12th to Tuesday November 3rd at 6:00pm.

14. Meeting Adjourned!

!5. Next Meeting Thursday October 8th, 6:00pm at the Ramada.

16. Following Meetings Tuesday November 3rd, 6:00pm at the Ramada
Wednesday December, 9th, 6:00pm at the Ramada

OUTER BANKS RUNNING CLUB

OBRC MEETING MINUTES

JULY 22, 2009

6pm RAMADA

1. Record of meeting Participants:

Jim Snyder

Yvette Kirkpatrick

Karen Warlitner

Suzanne Deiss

Ron Farley

Frank Ausband

Tim Radigan

Tom Spisak

2. Minutes from April 30th, 2009 Meeting were read and approved.

3. Treasurer Report: Karen Warlitner

At this time 156 Members 5 new members in April \$125.00 8 new members in June/July \$110.00 (two minors/half-year rate

4. Killer Dunes July 4th 2Miler

July Revenue - Race fees 200.00

Raised net \$2,929.01

Race Director: Ed Beckley Fundraiser for the Leukemia & Lymphoma Society

5. Bank Summary:

Funds outstanding \$300.00 FOE Jingle Bell 5k (Jim following up on this)

In question \$50.00 ? Town of Nags Head/ Picnic area deposit

EXPENSES:

Town of Nags Head Picnic Area \$50.00

Town of Nags Head Picnic Electricity \$5.00

Ample Storage Pd. through Jan. 2010 \$320.00 *Looking into possibly another location so that we can have access to the unit without having to worry about the gate being locked.

Ed Beckley: Reimbursement Printer Tape

Tim Radigan: Reimbursement storage \$46.00

Kelly's: Picnic Supplies \$29.07

BALANCE: \$2,974.81

6. The club received \$2,700.00 Grant! This is a Reimbursement Grant - We spend and get reimbursed. We have a year to spend this.

7. Still want to look into Timing strategies, software equipment, etc. to help us with the timing of our races. More professional, and less demanding on the volunteers. Also to help with registrations and possibly memberships.

8. Jim, Karen, and Ron are planning to get together Wednesday August 5th at 5:30 at Jim's office to discuss financial planning for the club.

9. Vice President Yvette Kirkpatrick working on a tri-fold brochure. With plans to let the officers see and approve before printing. Brochure will contain pictures, training schedules, monthly race events without dates, membership benefits, and with a reference to the website.

10. OBRC will have a booth at the OBX EXPO this year, looking into swag for this...shirts, stickers, brochures, etc. Possibly having something so people can sign up and win a prize of some sort.

11. News article being put together to help promote the club, inform people about walking club, etc.

12. Walking Report - OBRC Walkers have been meeting regularly on Thursdays at 6pm at various locations.

13. Discussed Club Races vs. Non Club Races bi laws need to be followed.

14. Our meetings are open to the general public and are discussing having some clinics to be held afterwards.

15. Suzanne Deiss will send out meeting reminders to the officers and members. Also will send out agenda reminders to the officers so that they will be able to put whatever they need to discuss at the following meeting. They will send it to Suzanne and she will give the information to Jim.

16. Looking into getting all our shirts locally and from one place. Island Xpertees? No shipping fee!

17. Southern turkey Trot (The Leftover 5k) is on for Thanksgiving 2009! Jim has talked with Nancy Caviness. We want to make this the club's primary fundraiser of the year. Just like Duck's keep it as simple as possible. Family Fun! With one male and female winner! Race Director : Karen Warlitner

18. Thanks to Ron Farley we now have a PO BOX... OUTER BANKS RUNNING CLUB PO BOX #2086 KILL DEVIL HILLS, NC #27948

19. Possibly changing Earth Day and The Spooktacular races to different locations this year...because there is no running through the woods.

20. Also, thinking about having another Beach Brunch Party sometime this summer after one of our Saturday Runs/Walks.

21. Meeting Adjourned!

OBRC Quarterly Meeting Minutes

APRIL 30th, 2009

6:00pm

RAMADA, KILL DEVIL HILLS

1. Minutes from March 24th, 2009 meeting were read and approved.

2. Karen Warlitner gave treasurer report and at this time we have a balance of \$4,868.68 Currently all bills are paid.

Two checks, one to The Food Pantry and the other to Cerf will be taken care of with the hopes of a photo op.

\$153.00 paid to Constant Contact for the year and we will now be able to send out newsletters, training tips and general information to members.

3. We will be applying for a grant.

4. As of this time we have 147 members! 5 new members this month.

5. Still working on getting sponsors to help us with our annual expenses.

6. Dunkin Doughnuts offering to supply coffee and bagels at our races and in return would like us to have someone to run at these events wearing the Dunkin Doughnut Running Cuppy outfit.

7. Discussed informing people that the OBRC and our races are walker friendly. Yvette Kirkpatrick plans to walk the Nags Head Woods 5k May 9th to help promote this. We believe there is interest into also forming a walking club! Plans are being worked out to meet in

Manteo possibly at the beginning of June.

8. Health Fair being held at First Flight Middle School on Saturday May 2nd. Karen Warlitner and Ron Farley volunteered to go and help promote the OBRC with membership registrations and club information to hand out.

9. With the success of the Fun Run there are plans for a 5k Fun Run for older kids who are too old for the Fun Run and too young for the half or full marathon. Also plans to have a 8k which will include all ages. Steve Siegrist and Sydney Fleming have volunteered to be co race directors of the 8k to be held Saturday November 7th, 2009. They will be mapping the course and arranging for volunteers and with some OBX marathon meetings to attend.

10. We have had a number of responses about finding someone to help us with the timing of our races. We are still trying to figure out what we want to do.

11. Discussed having a OBRC brochure to be able to hand out at different events.

12. Still checking into having our own Southern Turkey Trot (The Leftover 5k) to be held in Nags Head only after we talk with Nancy Caviness and only after Ducks Turkey Trot has been filled would we begin our registration. Same idea, fun and simple, no timing, and prize only to the first male and female runners.

13. OBRC get together Saturday May 16th... would like pictures also pictures at our runs to post on facebook, in newsletters, website, etc.

Meeting Adjourned.

Next up: Nags Head Woods 5k Saturday May 9th at 8:00am!

NEXT MEETING:

WEDNESDAY JULY 22, at the Ramada 6:00pm

Tentative following meeting dates...

WEDNESDAY SEPTEMBER 9, at the Ramada 6:00pm

THURSDAY OCTOBER 8, at the Ramada 6:00pm

THURSDAY NOVEMBER 12, at the Ramada 6:00pm

WEDNESDAY DECEMBER 9, at the Ramada 6:00pm

OBRC Quarterly Meeting Minutes

February 26th, 2009

Ramada, Kill Devil Hills

6:00 pm

1. Minutes of January 23rd, 2009 meeting were read and approved.
2. Karen Warlitner gave Treasurer report and as of February 24th, 2009 we have a balance of \$2,025.96
 - Last Event Proceeds: \$1024.62 to Mt. Olivet Church Food Pantry/Sweetheart8k Feb. 14th, 2009
 - Funds Outstanding: \$300.00 FOE Jingle Bell 5k
 - Website renewal: \$450.00 L&K Associates
 - USATF Membership Dues: \$50.00
 - RRCA Dues: \$690.20
 - Ongoing Expenses: \$40.00 Monthly/Ample Storage
 - Upcoming Expenses: Equipment Insurance - To be renewed in March
 - PortoJohn Invoice from Jingle Bell 5k- not yet received
3. Discussed our concern with the clubs income for the year...with the economy the way it is it is virtually impossible to get sponsorship cash.

4. Discussed the possibility of having to charge more per race for entry fee, also to charge more than the \$100.00 for the use of the clubs equipment.

5. Motion was made by Yevette Kirkpatrick and second by the club to raise rates as needed.

6. Discussed applying for a Grant, as a club we try to give back to a number of charities and to promote a healthy lifestyle.

7. Yevette Kirkpatrick Race Director for the Sweetheart 8k held on Feb. 14th, 2009 gave her report. A Great Success! 84 runners! Was able to give \$1024.00 to the Mt. Olivet Church Food Bank plus the donations of can goods. Yevette also received a very heartfelt and gracious thank-you note!!

8. Discussed Upcoming Races-

Karen Warlitner Race Director for the Inaugural Running Of The Leprechauns 8k to be held on March 14th, 2009 at 9:00 am

- The race is green with on-line registration!
- Race fee \$20.00 for OBRC members and \$25.00 for non members
- Donations and race proceeds benefit The Beach Food Pantry. There will be a Post Race Hospitality Party at Kellys!
- 36 registered runners so far!
- Kellys picking up the food.
- Free Beer!
- Shuttle Buses
- Long sleeve green t-shirts
- FS Series on-line registration and timing
- The FS series has been working out so far with on-line registration for the Leprechaun 8k and Sydney Fleming Race Director for the KHW Earth Day 10k being held on April 4th, 2009.

9. Discussed having FS Series help in the future with memberships, timing, shirt sizing, etc. this would cost about a couple of thousand dollars. It is designed to make things much easier for the club.

10. Karen Warlitner discussed Constant Contacts with us. Cost \$15.00 monthly \$180.00 yearly fee. We would be able to do OBRC Newsletters, etc. This would give the club a more professional look.

11. Sydney Fleming Race Director for the KHW Earth Day 10k on April 4th, 2009, 8:00 am Also Going Green with on-line registration

- Theme: recycling- computer parts, copper wire, aluminum, steel, printer ink cartridges, old computer parts, cell phones, and old running shoes.
- Discussed the budget breakdown- the cost for: printing flyers, t-shirts, awards, food, and port a johns

12. Discussed having a Southern Turkey Trot (Leftover 5k) with plans to talk to Nancy Caviness Race Director for the Duck Turkey Trot and would only proceed with her blessing. We feel this would accommodate the locals and we would model this race after the Duck

Turkey Trot and give a Turkey to the top male/female winners!

13. Sandy Ball talked to the club about a program called One World Running. Old Running shoes are collected and sent to developing countries. We will have containers at our races from now on to help with this great cause.

14. Discussed the need for two lists- one list for OBRC Members and a master list of everyone who has run one of our races.

15. Decision was made not to put our OBRC shirts on website at this time. If there are leftover shirts they can be taken to following race and sold at a discount.

16. Discussed having a couple events throughout the year to get together...A Meet and Greet type of thing!

17. Discussed having some informative clinics and possibly some fund raisers!

Meeting Adjourned.

NEXT MEETING TUESDAY MARCH 24TH, 2009 6:00 pm at THE RAMADA KDH

**OBRC Quarterly Meeting Minutes
TUESDAY 6:00pm MARCH 24th, 2009
RAMADA, KILL DEVIL HILLS**

1. Minutes from February 26th, 2009 meeting were read and approved.

2. Karen Warlitner gave Treasurer Report and at this time we have a balance of \$3,036.82

The Inaugural Running of the Leprechauns 8k held on March 14th was a great success!
RACE DIRECTOR: Karen Warlitner

There was #130 registered runners with #113 running!

GROSS RECEIPTS: \$2,830.00

EXPENSES: \$1,248.25

DONATION to BEACH FOOD PANTRY: \$800.00

BALANCE to OBRC: \$781.75

3. Sandy Ball ONE WORLD RUNNING...was a great idea to put out containers to collect old running shoes at the club's races and we plan to continue to do this.

4. Discussed trying to get sponsorships to help the club with annual expenses. Such as L&K Associates (web site) \$450.00

USATF Membership \$50.00

RRCA Dues \$690.20
Ample Storage \$480.00 (annual)

Equipment Insurance \$200.00 (estimate with
increased coverage)

Margie White has volunteered to look into this.

5. Next Up: Sydney Fleming's KHW Earth Day 10k on April 4th, 2009. Volunteers are still needed and we will e-mail blast every 3-4 days to help get the word out. Raffle items are also needed.

OBRC will be timing this race. Tim Radigan and Corey Hutcherson have volunteered to help with this.

6. Karen, Ari and Suzanne will get together as soon as they are able to go over Constant Contact and get that started. We will then be able to put out newsletters, training tips, etc.

7. The OBRC considering a couple of new projects. Discussed the possibility of starting a walker friendly program. This would be similar to the running club that gets together now. This is part of our long term mission to help develop more interest in exercise and fitness.

8. Also, discussed developing a running contest between the local schools. We would have some type of contest using our own races to determine which school would win the honorary trophy until the next race. The idea is to give the kids a goal, work with them to help achieve that goal and let them feel the rewards of achieving it!

Both projects will need a few volunteers to help coordinate them.

9. Discussed the idea of hiring someone for pay (\$100.00/\$150.00) to help with the timing of the club's races. We would need someone with some computer, software skills to learn the program. We will put this out in a e-mail blast with hopes that someone is interested.

10. Community Donations-

- Outer Banks Cancer Support \$670.00
- Leukemia & Lymphoma \$5,264.00
- Friends of Jockey's Ridge \$150.00
- We would like to keep any money we raise to help our local charities.

11. Corey Hutcherson is helping us plan a couple of get-togethers for the club. First one to be held on Saturday May 16th from 4:30 to 6:30. Location to be at the park by Ace Hardware in Nags Head near the YMCA. The second to be held Saturday October 24th. Members are encouraged to sign up and bring side dishes, desserts etc. Also, members can bring frisbees, footballs, kites or other outdoor activities. Corn Hole Boards will be present for a good ole fashion corn hole game!

12. Discussed the club having a Facebook page.

13. Meeting Adjourned!

NEXT MEETING: WEDNESDAY APRIL 29th, 2009
at 6:00pm at THE RAMADA, KDH

FOLLOWING MEETING DATES:

WEDNESDAY, JULY 22nd at 6:00pm at The Ramada

WEDNESDAY, SEPTEMBER 9th at 6:00pm at The Ramada

NOVEMBER, DATE TO BE ANNOUNCED LATER

WEDNESDAY, DECEMBER 9th at 6:00pm at The Ramada

OBRC Quarterly Meeting Minutes

Location: Beach Access, Bonnett Street
December 13th, 2008 After Jingle Bell Run...

President Steve Siegrist welcomes everyone after a VERY SUCCESSFUL, FUN, and COLD JINGLE BELL 5K...and begins a very brief meeting.

Minutes from October 16th,2008 meeting approved.

Treasurer Report: Yvette Kirkpatrick, As of this time Bank Balance \$2,691.16

Income:\$6,205.00 (Includes sponsorships and race entry fees for the Spooktacular and The Jingle Bell 5k...5 Deposits)

Expenditures: \$5,356.00

- -\$527.78 Spooktacular Shirts
- \$1,402.22 Profits to Leukemia & Lymphoma
- \$120.99 Tent
- \$256.16 Easels
- \$28.81 Striper
- \$218.33 Jingle Bell Trophies
- \$15.00 Refund
- \$106.43 Cones
- \$2,680.28 Jingle Bell Shirts
- There is an outstanding charge back for a \$25.00 check plus \$5.00 fee

2009 OBRC OFFICERS:

PRESIDENT: JIM SNYDER

VICE PRESIDENT: YVETTE KIRKPATRICK

TREASURER: KAREN WARLITNER

SECRETARY: SUZANNE DEISS

HEAD TRAINING COACH: ARI VUCINOVIC

IMMEDIATE PAST PRESIDENT: STEVE SIEGRIST

Meeting Adjourned.

Next Meeting to be announced at a later date.

OBRC Quarterly Meeting Minutes
JANUARY 23rd, 2009
RAMADA, KILL DEVIL HILLS
6:00 pm

1. Minutes of December 13th, 2008 meeting were read and approved.
2. As of January 3rd, 2009 there is \$2,641.16 in the OBRC checking account.
3. A few more expenditures were added - USTAF and RRCA dues, TNT porta-potties, and Ample Storage to be taken care of.
4. Discussed doing a OBRC budget annually and to micro budget for all the races to make this easier for the race directors and will make adjustments as needed.
5. Ari Vucinovic, OBRC Head Training Coach would like to start doing e-mail blasts to give useful training tips and helpful information, etc. out to members.
6. Discussed putting our OBRC t-shirt on line, so that they could be purchased through out the year.
7. Working on 2009 calendar to be put on website.
8. October Spooktacular- race possibly being changed to a 8k or 10k in preparation for the OBX Full/Half Marathon.
Laura Cortez has done an outstanding job as Race Director but would like to help out in other ways.
November-possibly adding a 5k Thanksgiving Run ("LEFTOVER 5K") not to be in competition with the Duck Turkey Trot but to help with the overflow of people who are here and are not able to get into that race. (maybe down the road 2010)
9. Yevette Kirkpatrick Race Director of the upcoming Sweetheart 8k in Manteo is looking for sponsors and volunteers. The race will benefit The Food Pantry.
10. Sydney Flemming Race Director for the Earth Day 8k held in April is very helpful with great ideas on t-shirt designs and future races.
11. Discussed having OBRC Clinics for this calendar year, on nutrition, running tips, running concerns, etc.
12. Discussed a base type program to make things simpler for the race directors. Having people in charge of different areas of the races-
 - a. flyer distribution
 - b. safety issues (EMS, Police)
 - c. set up/ take down of events

d.food/water
e.volunteers
f.timing
g.awards/ribbons etc.

13.Discussed on line registration, timing for races simplified, results posted.

14. Looking into the Finish Strong Series- a program that you can buy and download onto a laptop (looking into purchasing reasonable priced laptop)

15. Board voted on and approved the Finish Strong Series to help with the March 14th, 2009 Running Of The Leprechauns 5k for online registration.

16. Board voted on and approved that we would not be doing The Land Of Beginnings Festival this year.

17.Board voted on and approved that the OBRC would help the Tri Club with the Duathlon. We are all in favor of assuming responsibility for the volunteers that will be needed for this event. Due to various reasons the Duathlon will not be held this year, we will set it for 2010.

18.Meeting Adjourned.

19.NEXT MEETING: THURSDAY FEBRUARY 23rd, AT 6:00pm AT THE RAMADA KILL DEVIL HILLS.